



Thankful for the Arms of Christ Jesus

By Deaconess Mozelle Parker

November 12, 2021

Scripture for Mediation

“Come to me, all of you who are weary and burdened, and I will give you rest. All of you take up My Yoke and learn from me, because I am gentle and humble in heart, and you will find rest for yourselves.”

Matthew 11: 28-29

30 Day Gratitude Journal:

Write about a memory that you are most thankful for.

30 Day Gratitude Challenge:

Look in the mirror and say what you are thankful for.

Prayer Concentration:

Pray for your unbelieving family and friends.

Prayer of Gratitude

Lord, we thank You for peace and sweet rest. We are thankful for Your loving and extended arms of mercy, grace and comfort and care. In times of distress, help us to depend on you. In times of loneliness, help us to linger in Your presence. In times of stress, help us to remain steadfast and safe in your arms. In Jesus name we pray, **Amen.**

Observation

There is an old saying that states that “There is no rest for the weary”. However, as a Child of the King I am thankful for and find solace in the words recorded in Matthew 11:28-29. These words were spoken by our Lord himself as He went about gathering those who would follow Him and be instrumental in assisting Him in winning souls.

Because as a tax collector, Matthew, who was often disliked, received these words like music to his ears. Therefore, he chose to record them for all the world. Possibly he considered the sharing of this statement by The Master a precious gift.

I am thankful that the scripture provides for me a safety net as a believer. We the people of God in times of trouble, weariness and distress are provided rest through reading and/or hearing the comforting words of God. When we indulge in and reflect on the scripture it allows us to exhale and continue in our daily walk.

Matthew provided for me a burden bearer, a shelter in the time of storm, comfort and encouragement. **THANK YOU, LORD, FOR YOUR LOVING CARING ARMS!!!**

Questions to Ponder

1. Psalms 46 says, “God is our refuge and strength, a very present help in trouble”. In what ways is God your refuge? How have you shown your dependence on God?

2. How has God shown you comfort? Describe what it means to have the peace and presence of God.
